MARTHA'S RULE DETERIORATION TRAINING

Heart Safe Consultancy & Training

HEARD

Recognise & Respond

CONTRACT DEADLINE

31 Mar 2027

NHS Standard Contract 2026/27

Every NHS trust must have Martha's Rule in place by **31 March 2027**, and staff education and training is one of NHS England's six core standards. HEARD is a practical, simulation-led programme that helps your teams spot deterioration early, listen to families and escalate with confidence, in every setting.

- **H** Hunch
- **E** Examine
- **A** Ask
- **R** Raise it
- **D** Document

1 day on your site	**Up to 12** staff per course	**70%** hands-on simulation	**4** setting-specific pathways

FOR YOUR STAFF

What your teams will do

- Recognise physical deterioration early, including when it hides behind another diagnosis
- Carry out a structured assessment and act on the early warning score
- Take a family's concern seriously and respond without becoming defensive
- Escalate clearly through your own local route, and keep escalating when needed
- Record the concern, the response and the outcome so they stand up to audit

FOR YOUR ORGANISATION

What you get

- Training built around your own escalation route, charts and policies
- A mixed-discipline clinical faculty matched to your setting
- Attendance records and pre- and post-course confidence data
- A summary report mapped to the six Martha's Rule core standards, ready for your self-assessment
- Delivery from an RCUK, ALSG, RCOS and Highfield accredited provider

FOUR PATHWAYS

A version for every setting

Adult inpatient
Acute and community hospital wards

Children's services
Paediatric wards and units

Mental health
Inpatient, crisis and community mental health

Community & primary care
Community nursing, virtual wards, GP practices and care homes

ALSO AVAILABLE

Martha's Rule Essentials
Awareness for the whole workforce, by e-learning or live webinar

Responder & Reviewer
A half day for the teams who receive Martha's Rule calls

Train-the-Trainer
Deliver HEARD in house under a licence, with our quality assurance

Book a free 20-minute discovery call

We'll talk through your settings, staff groups and timescales, and send you the full programme and a tailored proposal.

01285 654006

www.heart-safe.co.uk

Martha's Rule is an NHS England patient safety initiative. HEARD – Recognise & Respond is an independent training programme from Heart Safe Consultancy & Training Ltd (company no. 08638067), Chandlers House, 6 Wilkinson Road, Cirencester GL7 1YT. It is not an NHS England programme and is not endorsed by NHS England or by Martha's family.